



MHS Competitive Cheer

Dear Parents:

Your daughter has expressed an interest in trying out for the cheer teams at Milford High School. There are certain personal and financial responsibilities that are associated with membership on each of the cheer teams. We would like to communicate the responsibilities as clearly as possible so you have an understanding of the cheer program and cheerleading before your athlete moves forward in the tryout process.

Cheerleading is an athletic sport involving cheers, stunts, tumbling, and various other athletic skills. Accordingly, high physical and mental expectations will need to be met by each student athlete participating in the cheer program. Your athlete should be able to meet these expectations.

Cheerleading is a sport that builds character, physical development, and requires commitment and dedication.

Student athletes will receive many valuable and rewarding experiences from participation in the Milford Cheer Program. The program will give them a sense of pride in their school and community. It will also provide a sense of accomplishment in being a part of a hard-working, motivated, and respected group of student athletes.

THE FULL CALENDAR THROUGH MARCH IS ALREADY UP ON OUR GOOGLE CALENDAR![Cheer Prac/Competition Calendar](#)

**PLEASE MAKE SURE YOU READ THROUGH THIS PACKET!
ESPECIALLY PAGE 4 before TRYOUTS~**

If you have any questions regarding our cheer program, please contact me at patti.warzecha@hvs.org.

Sincerely,

Patti Warzecha

Milford High School
Head Cheer Coac

Milford Competitive Cheer

Mutual expectations for the cheer program have been created to ensure that all coaches and teams have the most successful athletic experience possible.

Coaches:

- Patti Warzecha, Head Coach
- Samantha Kavulich, Varsity Assistant
- Brie Ray-Smith , Varsity
- Catherine Dittrick, Head JV coach
- BK , Brett Kavulich (Detroit Tumble), Tumbling coach
- Kira, Athletic Trainer

The coaching staff works together to provide the best possible environment for your success. We follow the same rules and coaching philosophies in order to continue our successful cheerleading program. We are committed to our student athletes. We will demonstrate respect toward each and every one of you and we request and expect the same in return.

Goals and Attitude:

- All cheer team members are expected to be stellar student athletes and leaders at Milford High School. The success of the program is based on exceptionally high standards and a strong team philosophy.
- Student athletes should put forth their best effort at all times and set regular goals for improvement and success.

Integrity:

- All student athletes are expected to conduct themselves in a manner consistent with the high standards of the cheerleading program at all times.
- All student athletes are expected to adhere to the additional guidelines detailed in the HVS School District Code of Conduct for Student Athletes. The Code of Conduct can be found on the district website.
- All student athletes and parents are expected to adhere to the guidelines outlined.

Practice and Performance:

- Cheer practice will be held every weekday during the season. Practice times may change with advance notice.
- Competitions will take place during the week this year with some weekend competitions.
- Student athletes are expected to attend every practice, performance and team event. Athletes missing any portion of the afore mentioned events will forfeit their privilege to cheer. Each team's coach will evaluate emergency circumstances.
- Preparation and readiness are expected of every student athlete. This includes proper clothing, footwear, and review of all required material. Taping and special training procedures should be completed *before* practice and competitions. No jewelry, No Acrylic nails or gum is permitted.

Absences:

- Any and all absences, excused or unexcused will have the potential to affect the athletes "spot" in the round and mat time.

Injuries:

- Cheerleading is an officially recognized athletic sport by the MHSAA and Milford High School. Accordingly, a risk of injury is associated with participation in the sport. Team members and parents must recognize and understand this risk.
- Student athletes unable to participate because of injury or long-term illness must provide appropriate (and specific) documentation from a physician. Further, return from injury or illness is prohibited until official medical documentation is received permitting return to participation.
- Injured student athletes are expected to dress for and attend all team functions, including practice, while unable to participate.

Mat Time:

- Mat time is up to the discretion of the coach.
- **Choreography and placement in rounds and between teams may change at any time for any reason.**

Uniforms and Appearance:

- Uniforms are the property of the Milford Athletics and must be properly maintained.
- Any misuse, loss or damage will be the financial responsibility of the student athlete.
- Uniforms are worn only on the days of an athletic contest. All student athletes are expected to be in uniform as instructed by their coach. Athletes forfeit their privilege to cheer if not dressed accordingly.
- Hair should be appropriately tied back according to MHSAA policy.
- Nails are to be kept at or below fingertips according to MHSAA policy.
- Student athletes will arrive to home and away events in uniform as instructed by coach.

Travel:

- All student athletes are required to ride with the team to all events when district buses are provided.
- All student athletes are required to travel with an appropriate appointed chaperone when carpooling to and from events when a district bus is not provided.

Winter Activities:

- We strongly DISCOURAGE any of our athletes to participate in any outdoor winter sports during the season. Examples: Skiing, boarder cross, ice skating etc... these kinds of activities put you at a high risk for injury which will result in affecting the the entire team in a negative way.

MHS Competitive Cheer Tryout Info

Now that you have a clear understanding of the MHS Cheer Program, you're ready for tryouts! To be eligible to be on one of our cheer teams, you must complete all of the below.

By Sunday 11/ 6 :

- Register for tryouts on Final Forms – PARENTS & ATHLETES - [Click Here!](#)
 - Make sure you select competitive cheer as a sport AND fill everything out.
 - **New Athletes: Your physical must be uploaded in Final Forms by this time.**
 - Please DO NOT submit your Pay to Participate fees at this time.
- Submit your tryout registration information sheet - [Click Here!](#)
 - Please make sure you understand and review the RULES AND EXPECTATIONS [Milford Cheer Polices](#)
 - click and sign the [.MHS CHEER PERMISSION AND COMMITMENT FORM](#)

Before Day 1 of Tryouts:

- Learn the motion drill [found here](#).
 - The 10 Count is new for this season and will be apart of RD 2 and will be performed at tryouts

TRYOUTS

Tryout attendance is mandatory. There will be many segments set up throughout tryouts including jumps, skills, material, tumbling, and stunts. If you fill out the online registration and turn in the required paperwork, you are eligible for tryouts.

Monday	November 7	6-8p.m.	Aux Gym
Tuesday	November 8	6-8 p.m.	Aux Gym
Wednesday	November 9.	6-8 p.m.	FORMAL TRYOUT

There is a parent meeting on Monday, November 7 @ 7:30 .

Estimated 2022-23

MHS Competitive Season

Parent's as your daughter is preparing for our upcoming tryout I wanted to share with you the expenses that will be required by each girl throughout this season. On behalf of the coaches and athletic department we know that some may not have the means to make all payments in full or on the scheduled time listed below. If you need to arrange a payment plan we will be willing to work with you through this process.

DUE DATE	ITEM	COST
*See options	Tumbling Training with Detroit Tumble Co @ MHS cash/ck or Cash to Detroit Tumble \$15 per session Nov: \$45 Dec: \$60 Jan: \$60 Feb \$60	\$225 for the season.
*	COMPETITIVE CHEER SHOES (Varsity Nfinity Vengeance) available on amazon. *Required if current shoes are not in good condition!	\$115-\$120
Coach will advise	Team Order will be placed for Black Competitive Uniform Shorts that will be the athletes to keep.	\$25.00
ASAP	Register and Pay to Play * You CAN PAY ONLINE <ul style="list-style-type: none">** FinalForms e-fundsFree & Reduced Lunch fee is \$25 or less	\$180.00
NOV 14th	- JV & Varsity Competition Fees - - Each Invite Competition we attend costs avg of \$125	\$20.00
NOV 14th	- Varsity Only Choreography and guest coaches	\$60.00
Nov 28th	New!! Cheer Team Booster Club ! The team is spoiled all season with special gifts and goodies put together from our Mau Moms to help off set personal expenses we are asking families to donate. VENMO will be available * We ask that you Give as you are willing and able too.	suggested donation \$60.00
Online	Team Gear for Prac and Comps: This includes 2 t shirts, warm up jacket, pants, etc...	\$ TBD
Need by DEC 1st	Team Crocs (off brand) a link will be and how to order through Amazon.	\$35.00
March 3/4th	If we MAKE STATES , HOTEL STAY	TBD

Parents – If you are reading this prior to the parent meeting and are concerned about finances, please **DO NOT** skip the parent meeting. We talk in length about the cost of being in this program. Financial burdens should **NEVER** be a reason that your athlete doesn't do a sport. Please come to the parent meeting so you can learn more.

OTHER EXPENSES

Additional expenses for the competitive season may include:

- MHS School District Pay to Participate (mandatory)
 - o Reduced fee for those on reduced lunch
 - o Free for those on free lunch

- NEW Athletes will also need black and Maroon cheer shorts.
- Parent/Family entrance fees to competitions (usually \$5 per person)
- REQUIRED Parent Competition Shirt



Milford High School

Competitive Cheer

Schedule

2022-2023

FANS WE NEED YOU, BE LOUD AND PROUD!!!

**** Wednesday League Meets Start at 6pm. Weekend Invitationals start in the morning.**

League Competitions

Will be on Wednesday evenings starting at 6pm.

Varsity League Meets : Jan 11th @ Walled Lake Central, Jan 25th @ South Lyon East

JV League Meet: January 18th and Feb 3rd

League Championship@ - Feb 4th @ South Lyon

Weekend Invitationals For Varsity- JV TBD

Dec 9th (Friday) Dress Rehearsal/ Parent Practice!

Dec 10th CCCAM Invite @ Dewitt High School **Varsity Only**

Jan 7 Brightons Best

Jan 14th MIGHTY MAV MATCH UP! Our Home Invite All PARENT'S REQUIRED TO VOLUNTEER

Jan 21 Rochester Adams

Feb 4 th- LVC Championship @ South Lyon ALL Teams

Feb 11th- Rochester Rumble

Feb 17th (FRIDAY) Varsity Districts @ MILFORD * PARENTS REQUIRED TO VOLUNTEER

Feb 25th **Varsity** Regionals Need to Qualify @ TBD

Mar 4th **Varsity** STATES!! Need to Qualify @ Deltaplex

Milford Competitive Cheer Tryout Info

We often get asked “what do you need to make varsity?”.

There is NO magic answer and it’s important to know **that sideline and competitive cheer tryouts are COMPLETELY different**. For sideline cheer tryouts, we look at the overall scores of athletes across numerous categories to determine teams. For competitive we look at the individual choreography needs of the varsity team.

VARSITY ROUND 1 (16): VARSITY ROUND 3 (16):

- Great motion punch, placement, precision
- Great jumps
- Captivating facials
- Loud vocals
- Confident overall performer

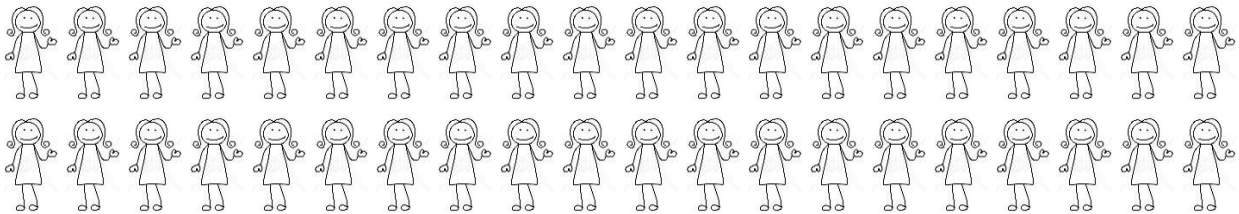
VARSITY ROUND 2 (12):

- All of the points listed under Round 1
- Standing back tuck
- Standing front and back walkover
- Standing back handspring
- Switch splits

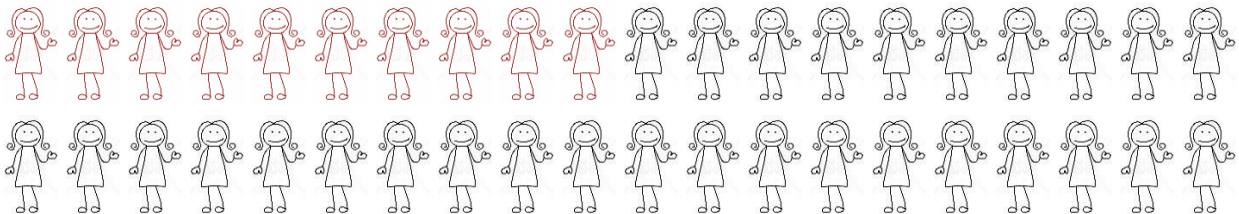
- Elite stunting technique
- Minimum of back handspring
- Captivating facials
- Endurance
- Loud vocals

Other: COMMITMENT, DEPENDABILITY, WORK ETHIC, WE > ME MENTALITY

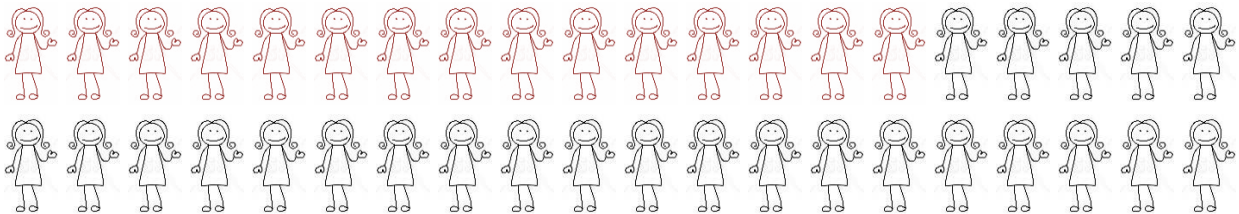
Pretend we have 40 girls trying out for competitive cheer.



Of those 40 girls, 10 of them meet the criteria for all 3 varsity rounds. That leaves 30 athletes to fill out the remaining rosters.



Of the remaining 30 girls, 5 girls meet the criteria for at least 2 varsity rounds. That leaves 25 athletes to fill out the remaining rosters.



Of the remaining 25 girls, 5 are “specialists” meaning they excel in at least 1 varsity round or could be great backups for 1 or more rounds. Each varsity round now has the required number of participants and at least 1-2 backups per round.



