

MHS CHEER PERMISSION AND AGREEMENT FORM

PARENTS: Yes, we understand the commitment that we are making as a family to the Milford Cheer Program. We will promote good sportsmanship. We intend to participate for the entire season. If for some reason, circumstances occur which requires a withdrawal from the program we do not expect any refund of fees via the HVS Athletic Policy. We have read and understand the Rules and Expectations and understand what is expected of our cheerleader. Specifically, that a cheerleader can be dismissed from the squad for too many missed practices, or not allowed to participate if she has missed and is unprepared to perform. We understand that negative conversations or bullying behavior will not be tolerated and if actions become detrimental to the team or school participation will be terminated. We understand that by signing this letter we agree to allow our child to tryout and participate in Milford High School Cheer.

CHEERLEADER: I have read and understand the Rules and Expectations that I am to follow while being a part of the Milford Cheer Program. I understand the commitment that I am making as an athlete to the Milford Cheer Program, both to the coaches, and my teammates. I intend to have a good sportsmanship toward my teammates and at any and all Milford Cheer Program events, competitions, or fundraisers. I understand that I am required to attend all practices. I understand I can be dismissed from the squad at any time for unsportsmanlike conduct, negative conversations or bullying behavior, inappropriate use of technology, or actions that become detrimental to myself, the team or school.

PLEASE READ AND SIGN THE FOLLOWING LETTER BELOW: This will be kept on file with coaches for the duration of the season.

THIS NEEDS TO BE PRINTED, SIGNED BY BOTH PARENT AND ATHLETE and TURNED IN BY FINAL TRYOUT DATE!!!

AGREEMENT AND PERMISSION LETTER:

I _____ along with the athlete _____ have read and understand the Policies and Expectations of the Milford Cheer Program along with the 5 Simple Rules for a Happy and Successful team that are published on the Milford Cheer website. I accept the responsibilities of being a cheerleader and agree to abide by the rules set forth by the Coaches, Staff and the Athletic Code of Conduct. I agree to allow Milford High school and members of the Milford Cheerleading coaching staff to post photographs on team related social media sites such as Twitter and Instagram with my daughter present. These photos are for promotional purposes only and are not used for purposes of sales or profit.

I accept the responsibilities and commitment of being an MHS cheerleader and agree to abide by the rules set forth by the coach and the Athletic Code of Conduct.

I also agree to take responsibility for the uniform loaned to me and agree to pay for the replacement costs of any item not returned in reasonable condition. These uniforms are property of Milford Athletics and the cheer program. Proper ethics and code of conduct are expected while in uniform.

In addition, **I understand that there are inherent risks involved in the sport of cheerleading and that a safety program is in place to minimize these risks.** However, I do understand that there is risk of catastrophic injury to the head, neck, and back during jumps, tumbling, and stunting.

Also, **I will not use as punishment to my athlete, removal from games, practices, competitions or scheduled or related cheerleading activities,** as it will only punish, disrupt, and inconvenience the entire team. We shall encourage and strive for our athlete to be a good leader at Milford High School.

Last, I understand that all players are expected to act in an appropriate manner as a representative of the MHS Cheer Team and this community. **Illegal use of alcohol, tobacco, insubordination, or any other behavior considered inappropriate (including social media posts) will result in consequences up to removal from the team.** I also understand that athletes must act in a respectful manner to teammates, coaches, staff, and peers. **Any action that is considered insubordinate or inappropriate will be addressed and may lead to consequence up to removal from the team. This includes actions regarding attitude, demeanor, and etiquette.**

Student _____ Parent _____ Date _____